



(785)539-5949

Your New Dentures

Sore spots may occur under new dentures. Do not cut or grind on the dentures—we will adjust them for you. If the soreness remains more than one day, return to our office with the dentures in your mouth so we can find the sore spot and adjust the denture for you.

Talking and eating may be difficult at first.

Keep your dentures clean to prevent staining and bad breath. Brush them at least twice a day (in your hand). You may leave the dentures in or out of your mouth at night, depending on your preference. If the dentures are out of your mouth, leave them soaking in a water and mouthwash solution.

We do *not* recommend powder adhesives when your dentures become loose (your mouth shrinks—the denture doesn't change). We suggest that you avoid drugstore denture liners since using them can cause irreparable damage to your mouth. Have a dentist reline your dentures for best results. If you should break, chip or crack your denture, return to our office with all the pieces of the denture. We are usually able to repair your denture.

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Following these instructions very closely will greatly help your comfort, and promote uneventful healing of the area. If any of the instructions are not followed, you might have significantly more discomfort, and the success of the procedure may be affected.